




# NATIONAL ADULT SAFEGUARDING WEEK 2020

## MONDAY 16<sup>TH</sup> – SUNDAY 22<sup>ND</sup> NOVEMBER

National Adult Safeguarding Week sees lots of activity across our Trust this year from the Safeguarding Team and our colleagues and partners.

Each day of the week we'll focus on a different safeguarding theme. These themes are broad, and each one covers many different areas of focus. These themes are not exhaustive. Our aim is to highlight certain themes, and to start some vital conversations. If you want to use Safeguarding Adults Week to talk about a different aspect of safeguarding, please do so! We'd love to hear about your participation in Safeguarding Adults Week so don't forget to use our **#PennineCareSafeguardingAdultsWeek** when posting to social media!

"See Something Do Something"	
Date and Theme	Activity
<p><b>Mon 16<sup>th</sup> Nov</b> <b>Safeguarding and Wellbeing</b></p> <p>There's a strong link between safeguarding and mental and physical wellbeing. If someone's wellbeing is suffering, they may consider certain actions that put them at risk</p>	<ul style="list-style-type: none"> <li>• <b>It's important to look after yourself. But it's just as important to look out for others.</b></li> <li>• Learn to spot the signs that someone might not be doing so well. And don't be afraid to ask: "Are you OK?"</li> <li>• Have another look at the Trust <b>Safeguarding Families</b> leaflet you may have received as part of your induction</li> </ul>  <p>Trust Safeguarding Families Leaflet</p> <ul style="list-style-type: none"> <li>• <b>Period Poverty</b> is a cause supported by the Trust Safeguarding Team and any donations are welcome. <b>Ask yourself</b> 'how does period poverty link to safeguarding? Wellbeing is a key principle in the Care Act (2014). There's a strong link between safeguarding and mental and physical wellbeing. If someone's wellbeing is suffering, they may consider certain actions that put them at risk. Period poverty is impacting the wellbeing of women and girls.</li> </ul>

- Cultural norms and practices often silence the issue of menstruation. Therefore, many women feel too embarrassed or afraid to say that they need sanitary products.
- The lack of affordability or access to period products can cause extreme emotional distress.
- Women's sense of personal dignity is also affected because of a reliance on 'make shift' sanitary products.
- Consequently, women and girls suffering from period poverty have felt unable to attend work or school. This further reduces their sense of positive wellbeing. **Have a look** at the following Royal College of Nursing webpage  
<https://www.rcn.org.uk/clinical-topics/womens-health/promoting-menstrual-wellbeing/period-poverty>

**Tues 17<sup>th</sup> Nov**

**Adult Grooming and Exploitation**

Grooming is a form of abuse that involves manipulating someone until they're isolated, dependent, and more vulnerable to exploitation

- **Adult Grooming** Lunch and Learn 1-2pm – Register here: [Adult Grooming - Lunch and Learn](#)
- Watch BBC Documentary 'The Shipman Files: A Very British Crime Story'  
<https://www.bbc.co.uk/iplayer/episodes/m000n1h4/the-shipman-files-a-very-british-crime-story>
- **Modern Slavery** - If you think slavery is a thing of the past, think again. Millions of people around the world are trapped in modern slavery - and they could be working for you. In this powerful talk Kate Garbers, founder and director of Unseen, a charity that provides safety, hope and choice to survivors of human trafficking and modern slavery. As well as providing 24/7 supported safe accommodation for survivors and the UK's National Modern Slavery Helpline, Unseen works to raise awareness of this crime and makes the unseen seen and helps us spot the signs of modern slavery in our midst. Watch [Modern Slavery, hidden in plain sight](#)
- **Predatory Marriage** - Lisa and Daphne discuss the definition of Predatory Marriage – a term that may be unfamiliar to many. Daphne then tells her story, and offers some advice for anyone who might suspect that one of their relatives has become a victim of Predatory Marriage  
<https://www.anncrafttrust.org/predatory-marriage-safeguarding-matters/>
- **Domestic Abuse** – do you know about the critical steps a murderer takes from stalking, violence and coercive control to domestic homicide.. Watch Dr Jane Monkton Smith talk about the Homicide Timeline [Homicide Timeline - The 8 Stages](#)
- Have you heard of Project Choice? They work across Greater Manchester providing guidance to practitioners protecting and supporting victims and survivors of **so-called honour based violence and abuse**. Have a look at the Project Choice leaflet



Project Choice  
 Leaflet 2020.pdf

### Wed 18th Nov Understanding Legislation

All safeguarding matters are governed by certain legislation, including The Care Act [2014] and The Mental Capacity Act [2005]

- Keep this **Understanding Legislation Safeguarding Briefing** close at hand



Understanding  
Legislation Safeguarding

- Have a look at key government initiatives and legislation [Safeguarding Adults at Risk Key Legislation and Government Initiatives](#)
- [NHS Guide to Mental Capacity Act 2005](#)
- Download the **NHS England Safeguarding App** on your phone here - [NHS England Safeguarding App](#)

### Thurs 19th Nov Creating Safer Places

Safeguarding is everyone's responsibility. We're asking you to consider: "What's my role in safeguarding?"

In 2019 the **Trust Safeguarding Team** was redesigned following the transfer on Community Services. Here is information for all Trust staff who may wish to contact the team for safeguarding support and guidance.



Safeguarding Team  
Flyer updated 04.20.

The Trust Safeguarding Team would like to invite you to a **Virtual Safeguarding Drop In** session. Come and say hello and meet the team, have you got a question about safeguarding we might be able to help you with or do you want some support and guidance with a safeguarding concern [As these are Zoom sessions we can discuss concerns but it is important confidentiality is maintained]. Don't worry if you can't join your borough sessions you are welcome at any of the other sessions. Just click on the links to join any time during the drop in

[BURY 19th Nov 20 9.30 -10.30 am](#)    [OLDHAM 19th Nov 20 11am - 12md](#)    [ROCHDALE 19th Nov 20 12.30-1.30pm](#)  
[STOCKPORT 19th Nov 20 2-3pm](#)    [TAMESIDE 19th Nov 20 3.30-4.30pm](#)

### Fri 20th Nov Organisational Abuse

Organisational abuse includes neglect and poor care practice within a specific care setting.






- **Freedom to Speak Up [FTSU]** – Speaking up about any concern you have at work is really important. In fact, it's vital because it will help us to keep improving our services for all patients and the working environment for our staff. Did you know we have a Freedom To Speak Up Policy [CO123] which can be accessed here [Trust Freedom To Speak Up Policy](#)
- Read an article written for this week by Lisa Ryder, Our Freedom to Speak Up Guardian



FTSU Lisa Ryder  
Article 05.11.20.docx

- The Trust must have robust procedures and processes to prevent people using the service from being abused by staff or other people they may have contact with when using the service, including visitors. **Have a look** at the CQC [Regulation 13: Safeguarding service users from abuse and improper treatment](#)

# Borough 'National Adult Safeguarding Week' activity including links to the local safeguarding adult boards. Take a look

Borough	Activity	
<b>BURY</b>	<b>Bury Integrated Safeguarding Partnership</b> <a href="https://burysafeguardingpartnership.bury.gov.uk/">https://burysafeguardingpartnership.bury.gov.uk/</a>	
<b>OLDHAM</b>	<b>Oldham Safeguarding Adult Board</b> <a href="https://www.oldham.gov.uk/info/200253/resources_for_practitioners/971/information_for_people_working_within_safeguarding_adults">https://www.oldham.gov.uk/info/200253/resources_for_practitioners/971/information_for_people_working_within_safeguarding_adults</a>  OSAB ASW Events Programme 2020.pdf	
<b>ROCHDALE</b>	See the flyer for lots of activity in Rochdale  Rochdale Safeguarding Adults \	Managing Allegations about staff who work or volunteer with adults with care and support needs - Virtual lunchtime drop-in session Tuesday 17 Nov 2020 12.00 – 13.00  Rochdale Allegation Management Poster [
	<b>Rochdale Borough Adult Safeguarding Board</b> <a href="https://www.rbsab.org/">https://www.rbsab.org/</a>	
<b>STOCKPORT</b>	<b>Stockport Adult Safeguarding Board</b> <a href="http://www.safeguardingadultsinstockport.org.uk/for-professionals/safeguarding-adults-week-2020/">http://www.safeguardingadultsinstockport.org.uk/for-professionals/safeguarding-adults-week-2020/</a>	
<b>TAMESIDE</b>	<b>Tameside Adults Safeguarding Partnership Board</b> <a href="https://www.tameside.gov.uk/AdultServices/Tameside-Adults-Safeguarding-Partnership-Board">https://www.tameside.gov.uk/AdultServices/Tameside-Adults-Safeguarding-Partnership-Board</a> Derbyshire and Derby SAB webinar - Cybercrime and Online Safety Training- Wednesday 18th November 2020 2pm – 3:30pm  Derbyshire SAB Cybercrime and Onlin	
<b>GREATER MANCHESTER</b>	Join in a Zoom round table discussion to contribute to the GM Nutrition and Hydration Programme  GM Nutrition and Hydration Programme	

Maximising potential

www.penninecare.nhs.uk

